Erasmus Cultural Reflection 

Living Between Cultures: Making the Most of Erasmus

Date: _____ **Location:** _____ **Facilitator:** _____

Warm-Up: Where I'm From

What's one cultural habit or custom from your country that you miss—or find strange now?

_____

_____

 Cultural Differences: What Surprised You?

Cultural styles we talked about:

- **Direct ↔ Indirect Communication**
- **Formal ↔ Informal Behavior**
- **Strict Time ↔ Flexible Time**
- **Individual Focus ↔ Group Focus**

What's one cultural difference you noticed in Slovenia?

_____

_____

Erasmus Moments: Reflection Time

Something that surprised me in Slovenia (in a good or strange way):

_____

A challenge or cultural misunderstanding I experienced:

_____

One thing I'll take home from this Erasmus experience:

✏️ _____

"What Would You Do?" – Scenario Thinking

How would you handle a cultural misunderstanding?
(e.g. miscommunication with classmates, awkward social moments)

Write your quick idea or discuss with a partner:

✏️ _____

✏️ _____

Final Reflection

In one sentence: How has this experience helped you grow?

✏️ _____

✅ Bonus: What helps in a new culture?

- Be curious, not judgmental
- Ask, don't assume
- Listen actively
- Learn from mistakes (they're normal!)

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